

# 2007 Deer Creek - Triathlon Sprint

## Age Group Results

June 3, 2007

Results By HFPracing.com

### Tri Sprint AG Men 14 and under

Overall				----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total
Place	Place	Name	Bib Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	144	Hoogerheide, Tanner	441 12	126	00:20:05		02:28	158	00:47:43	17.2	01:24	132	00:29:13	09:26	01:40:53

### Tri Sprint AG Men 15 to 19

Overall				----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total
Place	Place	Name	Bib Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	32	Humbert, Stephen	195 15	76	00:17:56		01:23	30	00:37:26	21.9	00:41	25	00:21:25	06:55	01:18:52
2	67	Pellam, Brian	200 18	9	00:13:48		01:29	102	00:42:17	19.4	01:02	104	00:26:53	08:40	01:25:29
3	117	Kozziel, Eric	201 19	19	00:15:27		03:21	152	00:46:45	17.5	00:43	126	00:28:25	09:10	01:34:40

### Tri Sprint AG Men 20 to 24

Overall				----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total
Place	Place	Name	Bib Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	11	Krebs, William	205 22	18	00:15:25		02:18	14	00:35:53	22.8	01:06	9	00:19:39	06:20	01:14:20
2	18	Kalisewicz, Robert	204 21	77	00:17:59		01:34	15	00:36:13	22.6	01:02	10	00:19:41	06:21	01:16:29
3	22	Tiller, Jeremy	206 22	56	00:17:00		01:22	19	00:36:32	22.4	01:00	26	00:21:28	06:55	01:17:22
4	70	Rader, Teddy	203 21	60	00:17:27		01:44	127	00:44:03	18.6	01:04	27	00:21:32	06:57	01:25:50
5	170	Strada, Paul	208 24	169	00:26:11		03:34	170	00:55:01	14.9	01:26	160	00:34:07	11:00	02:00:18

### Tri Sprint AG Men 25 to 29

Overall				----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total
Place	Place	Name	Bib Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	16	Moran, Michael	226 28	61	00:17:27		01:49	12	00:35:17	23.2	00:45	20	00:20:45	06:42	01:16:03
2	31	Vingris, Ryan	215 25	65	00:17:36		02:01	7	00:33:44	24.3	01:10	64	00:24:20	07:51	01:18:52
3	40	Sirinek, Greg	214 25	48	00:16:44		02:07	70	00:40:16	20.3	01:21	19	00:20:38	06:39	01:21:05
4	46	Roberts, Adam	217 26	31	00:16:08		02:45	57	00:39:07	20.9	01:27	42	00:22:52	07:22	01:22:19
5	66	Clarkson, Travis	223 27	132	00:20:19		02:04	94	00:41:57	19.5	00:32	17	00:20:32	06:37	01:25:25
6	76	Breunig, Erik	227 28	52	00:16:57		02:48	60	00:39:23	20.8	01:34	89	00:26:05	08:25	01:28:47
7	83	Nix, Thomas	219 27	116	00:19:31		01:53	119	00:43:34	18.8	00:50	37	00:22:38	07:18	01:28:26
8	130	Delaveris, Lee	212 25	123	00:20:00		03:58	138	00:45:35	18.0	01:22	100	00:26:37	08:35	01:37:31
9	169	Duna, Kristof	213 25	168	00:25:37		02:48	172	00:56:48	14.4	01:14	150	00:31:14	10:04	01:57:40

## Tri Sprint AG Men 30 to 34

Overall				----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total
Place	Place	Name	Bib Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	13	Combs, Matt	242 34		37 00:16:11		01:21		16 00:36:20	22.5	00:55		21 00:20:46	06:42	01:15:34
2	14	Pierce, Sean	231 30		43 00:16:34		01:09		26 00:36:54	22.2	00:45		14 00:20:21	06:34	01:15:43
3	36	Risner, Joshu	234 31		98 00:18:55		01:36		33 00:37:27	21.8	00:53		28 00:21:33	06:57	01:20:25
4	49	Kingston, Richard	238 33		89 00:18:16		01:25		22 00:36:39	22.3	00:47		80 00:25:37	08:16	01:22:44
5	54	Mominee_ii, Anthony	237 33		115 00:19:31		03:48		38 00:37:44	21.7	01:44		24 00:21:06	06:48	01:23:53
6	75	Anderson, Jeffrey	232 31		96 00:18:51		02:10		67 00:39:52	20.5	01:01		69 00:24:40	07:57	01:26:34
7	104	Emrick, David	240 34		131 00:20:18		01:48		101 00:42:16	19.4	01:11		111 00:27:32	08:53	01:33:05
8	135	Williams, Daniel	235 32		109 00:19:22		03:24		145 00:46:08	17.7	02:16		115 00:27:45	08:57	01:38:55
9	142	Ward, Corey	239 34		72 00:17:49		02:25		142 00:45:56	17.8	01:39		155 00:32:30	10:29	01:40:19
10	145	Lange, Nicholas	229 30		150 00:21:54		03:09		151 00:46:36	17.6	01:00		129 00:28:31	09:12	01:41:09
11	146	Beck, Michael	241 34		114 00:19:30		02:29		162 00:48:16	17.0	01:21		136 00:29:36	09:33	01:41:11

## Tri Sprint AG Men 35 to 39

Overall				----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total
Place	Place	Name	Bib Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	10	Lambert, Dennis	256 37		17 00:15:22		01:11		20 00:36:32	22.4	00:46		12 00:20:14	06:32	01:14:05
2	29	Moening, Jim	244 35		28 00:15:55		01:21		31 00:37:27	21.9	01:20		38 00:22:38	07:18	01:18:41
3	34	Grafton, Brian	261 38		58 00:17:05		01:46		13 00:35:51	22.8	01:50		45 00:23:00	07:25	01:19:31
4	45	Westbrook, Dan	264 39		45 00:16:35		01:45		47 00:38:20	21.3	01:00		65 00:24:22	07:52	01:22:02
5	59	Nemecek, Jack	243 35		47 00:16:37		03:10		82 00:41:07	19.9	01:21		33 00:22:06	07:08	01:24:22
6	78	Tombaugh, Fred	246 35		119 00:19:39		01:25		51 00:38:45	21.1	01:37		92 00:26:10	08:26	01:27:35
7	86	Troup, Robert	263 39		29 00:16:00		02:55		80 00:40:57	20.0	01:59		109 00:27:18	08:49	01:29:10
8	88	Martin, Jeremy	253 36		69 00:17:42		02:10		50 00:38:38	21.2	01:11		143 00:30:24	09:48	01:30:04
9	106	Weger, Matt	257 37		8 00:13:41		03:40		132 00:44:39	18.3	02:05		133 00:29:19	09:27	01:33:24
10	109	Murphy, Mark	267 39		141 00:21:04		03:05		154 00:47:03	17.4	01:56		15 00:20:29	06:37	01:33:37
11	114	Kunst, Mike	245 35		100 00:19:01		02:04		140 00:45:52	17.8	01:31		82 00:25:41	08:17	01:34:09
12	116	Case, Tim	255 37		103 00:19:12		04:07		86 00:41:27	19.7	01:55		120 00:28:00	09:02	01:34:40
13	127	Traubert, David	258 38		105 00:19:19		02:56		165 00:49:35	16.5	01:07		55 00:23:32	07:36	01:36:29
14	133	Conley, Chad	252 36		171 00:26:49		02:06		116 00:43:14	18.9	01:14		68 00:24:38	07:57	01:38:01
15	141	Tomallo, Mark	248 35		149 00:21:37		03:13		159 00:47:50	17.1	01:10		94 00:26:28	08:32	01:40:17

## Tri Sprint AG Men 40 to 44

Overall				----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total
Place	Place	Name	Bib Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	6	Dunn, Steve	280 41		14 00:15:00		01:07		6 00:33:23	24.5	00:52		4 00:18:43	06:02	01:09:04
2	8	Teed, Dan	283 42		13 00:14:20		00:50		9 00:34:35	23.7	00:57		5 00:18:46	06:03	01:09:28
3	9	Haywood, Curt	523 41		57 00:17:03		01:13		8 00:34:02	24.0	00:52		3 00:18:39	06:01	01:11:49
4	12	Henderson, Graeme	281 42		30 00:16:03		37:58								01:14:25
5	15	White, Jim	290 43		22 00:15:40		01:46		17 00:36:22	22.5	01:09		23 00:20:59	06:46	01:15:55
6	21	Kriege, Thomas	440 40		33 00:16:09		01:37		36 00:37:35	21.8	01:17		18 00:20:36	06:39	01:17:14
7	23	Luppert, Barry	291 43		15 00:15:14		01:40		25 00:36:52	22.2	00:52		40 00:22:49	07:22	01:17:27
8	33	Osborn, Brian	293 44		27 00:15:55		01:06		46 00:38:11	21.4	00:53		52 00:23:25	07:33	01:19:29
9	39	Zimmermann, Till	270 40		68 00:17:41		01:52		34 00:37:30	21.8	00:47		46 00:23:00	07:25	01:20:51
10	47	Russell, Kevin	273 40		64 00:17:35		01:25		41 00:37:45	21.7	01:35		63 00:24:17	07:50	01:22:37
11	55	Maransky, John	275 40		20 00:15:34		01:41		76 00:40:36	20.2	01:33		66 00:24:29	07:54	01:23:54
12	64	Kominiarek, Robert	282 42		112 00:19:27		01:04		56 00:39:06	20.9	01:15		60 00:24:03	07:46	01:24:55
13	74	Bennett, Mike	439 40		95 00:18:48		01:48		48 00:38:24	21.3	01:31		84 00:25:49	08:20	01:26:21
14	89	Albino, Nick	272 40		75 00:17:53		01:32		75 00:40:23	20.3	02:11		121 00:28:07	09:04	01:30:07
15	95	Kucher, Paul	292 44		136 00:20:38		03:46		79 00:40:55	20.0	01:36		75 00:25:01	08:04	01:31:57
16	97	Kristofic, Eric	284 42		16 00:15:14		03:20		125 00:44:00	18.6	01:40		114 00:27:44	08:57	01:31:58
17	113	McDaniel, Scott	295 44		73 00:17:50		01:40		107 00:42:54	19.1	01:24		142 00:30:17	09:46	01:34:06
18	120	Efries, David	277 41		121 00:19:46		02:48		98 00:42:10	19.4	02:18		122 00:28:08	09:05	01:35:10
19	136	Browning, Mike	274 40		139 00:21:01		02:09		128 00:44:13	18.5	00:51		148 00:30:42	09:54	01:38:56

20	160	Hardt, John	91	40	170	00:26:28	01:51	169	00:54:08	15.1	01:20	87	00:25:56	08:22	01:49:44
21	167	Elstad, Bradley	431	42	158	00:22:36	04:43	139	00:45:35	18.0	02:26	171	00:41:45	13:28	01:57:05

## Tri Sprint AG Men 45 to 49

Overall				----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total
Place	Place	Name	Bib Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	20	Huber, Didier	129 49	83	00:18:11		01:33	11	00:35:04	23.3	01:04	22	00:20:56	06:45	01:16:48
2	28	Shaddock, Robert	306 47	23	00:15:41		03:01	27	00:37:01	22.1	01:02	30	00:21:45	07:01	01:18:30
3	30	Shafer, Joe	307 48	24	00:15:46		02:01	44	00:37:55	21.6	01:03	34	00:22:06	07:08	01:18:52
4	56	Crosset, Jim	308 49	70	00:17:43		01:45	81	00:41:03	19.9	00:48	41	00:22:51	07:22	01:24:10
5	61	Joyce, Troy	300 46	42	00:16:30		02:46	89	00:41:40	19.6	00:39	48	00:23:04	07:27	01:24:39
6	93	Smith, Terry	298 46	81	00:18:05		04:09	58	00:39:08	20.9	01:41	123	00:28:09	09:05	01:31:12
7	121	Brock, Michael	304 47	147	00:21:33		02:47	85	00:41:22	19.8	01:33	125	00:28:13	09:06	01:35:29
8	122	Smith, Steve	299 46	127	00:20:09		03:54	122	00:43:49	18.7	00:57	105	00:26:53	08:40	01:35:41

## Tri Sprint AG Men 50 to 54

Overall				----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total
Place	Place	Name	Bib Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	19	Wheeler, Edward	316 53	6	00:13:26		00:51	29	00:37:24	21.9	00:48	62	00:24:14	07:49	01:16:42
2	110	Butt, Jim	314 52	90	00:18:29		02:13	66	00:39:48	20.6	01:28	154	00:31:54	10:18	01:33:53
3	118	Walls, Michael	557 53	152	00:22:01		03:21	136	00:45:27	18.0	00:48	49	00:23:05	07:27	01:34:42
4	157	Johnson, Steve	311 50	165	00:24:00		02:11	111	00:43:01	19.0	03:43	166	00:35:42	11:31	01:48:37

## Tri Sprint AG Men 55 to 59

Overall				----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total
Place	Place	Name	Bib Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	27	Reardon, Daniel	325 58	51	00:16:55		01:17	39	00:37:45	21.7	00:44	29	00:21:35	06:58	01:18:16
2	35	Menzies, John	433 59	26	00:15:51		01:19	37	00:37:39	21.7	01:11	57	00:23:50	07:41	01:19:49
3	37	Shortell, Nicholas	320 55	55	00:17:00		02:02	45	00:38:06	21.5	00:35	43	00:22:56	07:24	01:20:39
4	53	Walters, John	319 55	54	00:16:59		01:43	65	00:39:47	20.6	01:11	61	00:24:06	07:47	01:23:47
5	69	Combs, Dave	447 56	143	00:21:18		02:06	49	00:38:26	21.3	01:06	39	00:22:42	07:19	01:25:38
6	80	Greunke, Edward	559 57	86	00:18:13		02:16	73	00:40:21	20.3	01:00	90	00:26:09	08:26	01:28:00
7	108	Hiatt, Charles	322 57	138	00:20:43		01:58	118	00:43:34	18.8	01:22	85	00:25:56	08:22	01:33:32
8	140	Smith, Dawson	326 58	124	00:20:00		06:00	114	00:43:05	19.0	01:47	134	00:29:23	09:29	01:40:14

## Tri Sprint AG Men 60 to 64

Overall				----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total
Place	Place	Name	Bib Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	168	Wilson, Tom	327 60	151	00:21:59		09:19	166	00:51:18	16.0	01:56	156	00:32:35	10:31	01:57:08
2	174	Hirsch, Carl	328 64	176	00:30:53		06:40	143	00:45:57	17.8	04:28	173	00:46:17	14:56	02:14:15

## Tri Sprint AG Men 65 to 69

Overall				----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total
Place	Place	Name	Bib Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	131	Griffin, Jerry	549 67	159	00:22:43		07:29	91	00:41:44	19.6	01:59	58	00:23:55	07:43	01:37:50
2	155	Gallagher, Dan	330 69	166	00:24:06		03:33	149	00:46:28	17.6	02:58	145	00:30:33	09:51	01:47:39

## Tri Sprint AG Men 75 and over

Overall			----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total		
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	149	Staley, David	331	77	134	00:20:35		02:29	115	00:43:06	19.0	01:40	159	00:33:45	10:53	01:41:35

## Tri Sprint AG Women 15 to 19

Overall			----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total		
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	62	Scherry, Katie	199	18	7	00:13:37		01:27	100	00:42:16	19.4	00:49	99	00:26:36	08:35	01:24:45
2	96	Efries, Hannah	198	18	38	00:16:13		02:05	135	00:45:13	18.1	00:42	113	00:27:43	08:57	01:31:57
3	119	Johnson, Megan	197	17	21	00:15:35		01:44	164	00:49:05	16.7	01:47	97	00:26:33	08:34	01:34:44

## Tri Sprint AG Women 20 to 24

Overall			----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total		
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	92	Kuhn, Laura	202	21	113	00:19:28		02:54	105	00:42:47	19.1	01:01	71	00:24:45	07:59	01:30:56
2	129	Lorentz, Emily	209	24	87	00:18:14		02:40	146	00:46:09	17.7	00:51	135	00:29:36	09:33	01:37:30

## Tri Sprint AG Women 25 to 29

Overall			----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total		
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	26	Alexander, Nichole	437	28	10	00:13:49		01:44	23	00:36:41	22.3	00:54	67	00:24:33	07:55	01:17:40
2	72	Swartz, Diane	221	27	88	00:18:16		02:07	59	00:39:22	20.8	01:26	73	00:24:52	08:01	01:26:03
3	77	Siebeneck, Erin	210	25	85	00:18:13		01:37	83	00:41:13	19.9	00:47	77	00:25:27	08:13	01:27:17
4	101	Smith, Carrie	218	27	110	00:19:23		02:19	117	00:43:30	18.8	00:49	95	00:26:29	08:33	01:32:32
5	102	Rigda, Sarah	429	27	84	00:18:12		01:26	112	00:43:02	19.0	01:22	130	00:28:58	09:21	01:33:00
6	111	Bates, Stefanie	220	27	135	00:20:38		01:31	109	00:42:56	19.1	00:57	119	00:27:52	08:59	01:33:54
7	112	Hanchey, Kathryn	228	29	111	00:19:24		02:19	106	00:42:48	19.1	01:43	118	00:27:51	08:59	01:34:05
8	137	Williams, Lindsay	211	25	93	00:18:46		01:43	155	00:47:03	17.4	01:20	141	00:30:06	09:43	01:38:58

## Tri Sprint AG Women 30 to 34

Overall			----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total		
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	51	Brossia, Angela	269	34	74	00:17:53		01:26	61	00:39:25	20.8	00:55	51	00:23:23	07:33	01:23:01
2	57	Graham, Katherine	230	30	36	00:16:11		02:30	55	00:39:04	20.9	01:27	74	00:25:01	08:04	01:24:13
3	132	Burke, Jonica	236	33	104	00:19:16		02:32	87	00:41:30	19.7	01:23	157	00:33:19	10:45	01:38:00
4	165	Churchill, Beth	432	31	156	00:22:28		04:24	157	00:47:42	17.2	02:58	168	00:37:32	12:07	01:55:04

## Tri Sprint AG Women 35 to 39

Overall			----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total		
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	24	Flore, Geri	254	36	11	00:13:52		01:39	35	00:37:35	21.8	01:31	44	00:22:59	07:25	01:17:35
2	58	Beck, Bernard	266	39	34	00:16:10		02:10	78	00:40:54	20.0	01:27	56	00:23:38	07:37	01:24:19
3	68	MacFarlane, Stacy	247	35	35	00:16:11		01:31	90	00:41:42	19.6	01:02	76	00:25:10	08:07	01:25:35
4	90	Streetz, Lynn	265	39	129	00:20:14		03:16	84	00:41:17	19.8	01:19	59	00:24:02	07:45	01:30:07

5	94	Letizia, Stephanie	251	36	67	00:17:41	04:12	130	00:44:35	18.4	01:36	53	00:23:25	07:33	01:31:29
6	143	Martin, Laura	262	38	79	00:18:02	02:45	126	00:44:01	18.6	01:27	161	00:34:20	11:04	01:40:36
7	148	Kiphart, Tiffany	250	36	161	00:23:00	02:53	124	00:43:58	18.6	01:51	139	00:29:49	09:37	01:41:32
8	153	Cimorell, Kate	259	38	153	00:22:15	02:14	148	00:46:19	17.7	01:13	149	00:31:10	10:03	01:43:12
9	158	Beck, Jennifer	249	35	142	00:21:06	04:52	168	00:54:03	15.1	03:05	88	00:26:01	08:24	01:49:07

## Tri Sprint AG Women 40 to 44

Overall				----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	79	Herring, Natalie	276	41	82	00:18:10		01:30	68	00:39:53	20.5	01:27	98	00:26:35	08:35	01:27:36
2	84	Fleisher, Wendy	279	41	25	00:15:48		01:50	96	00:42:03	19.5	01:09	117	00:27:49	08:58	01:28:39
3	100	Ficker, Angela	271	40	80	00:18:04		03:00	95	00:42:01	19.5	01:09	124	00:28:13	09:06	01:32:27
4	103	Wheeler, Holly	286	42	125	00:20:02		02:27	92	00:41:45	19.6	01:24	110	00:27:23	08:50	01:33:00
5	115	Swanson, Wendy	278	41	39	00:16:17		02:05	120	00:43:37	18.8	01:40	146	00:30:37	09:52	01:34:15
6	128	Muir, Kristine	294	44	107	00:19:21		02:12	123	00:43:54	18.6	01:19	138	00:29:49	09:37	01:36:35
7	175	Parker, Sherry	289	43	140	00:21:02		05:16	175	01:22:38	9.9	03:08	144	00:30:26	09:49	02:22:30

## Tri Sprint AG Women 45 to 49

Overall				----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	44	Conroy, Ann	305	47	50	00:16:54		02:13	53	00:38:55	21.0	01:16	35	00:22:24	07:14	01:21:42
2	81	Goerge, Susan	297	45	97	00:18:51		02:28	77	00:40:50	20.0	01:14	72	00:24:49	08:00	01:28:12
3	91	Mason, Cindy	303	47	106	00:19:20		01:29	99	00:42:15	19.4	00:40	96	00:26:30	08:33	01:30:14
4	138	Stein, Susie	301	46	160	00:22:49		02:47	129	00:44:16	18.5	01:30	128	00:28:30	09:12	01:39:53

## Tri Sprint AG Women 50 to 54

Overall				----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	98	Koehler, Cathi	312	50	99	00:18:55		01:42	93	00:41:55	19.5	01:08	127	00:28:28	09:11	01:32:08
2	99	Prout, Marilyn	317	54	62	00:17:30		01:33	97	00:42:07	19.4	01:36	137	00:29:36	09:33	01:32:22
3	126	Hildreth, Laura	309	50	162	00:23:05		02:56	88	00:41:32	19.7	01:40	103	00:26:52	08:40	01:36:05
4	176	Craver, Cheryl	310	50	174	00:28:17		05:44	174	01:05:09	12.6	03:58	174	00:47:20	15:16	02:30:28

## Tri Sprint AG Women 55 to 59

Overall				----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	151	Ruccia, Cynthia	318	55	133	00:20:32		03:02	144	00:46:04	17.8	01:33	147	00:30:37	09:53	01:41:47
2	152	Ready, Diana_kay	321	56	164	00:23:22		03:31	104	00:42:35	19.2	02:04	151	00:31:24	10:08	01:42:56

## Tri Sprint Coed Team Male 0-99

Overall				----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	38	Team, Reese	510	42	101	00:19:05		00:51	64	00:39:46	20.6	00:42	13	00:20:20	06:33	01:20:45

## Tri Sprint Elite Open Male 0-99

Overall				----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib</u> <u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	Kurek, Shannon	146 37	12	00:13:53		00:50	1	00:31:30	26.0	00:32	2	00:18:26	05:57	01:05:11
2	2	Kent, Ashley	192 37	4	00:12:59		00:51	4	00:32:31	25.2	00:35	1	00:18:22	05:55	01:05:17
3	3	Watern, Jeff	446 46	5	00:13:25		00:55	2	00:31:41	25.8	00:48	7	00:18:59	06:08	01:05:49
4	4	Alyanak, Ed	189 28	1	00:12:42		01:02	5	00:32:34	25.1	00:42	6	00:18:50	06:05	01:05:50
5	5	Goertemiller, Scott	193 43	3	00:12:49		01:14	3	00:32:03	25.5	01:00	8	00:19:22	06:15	01:06:28
6	7	Barletto, Bryan	190 34	2	00:12:48		00:57	10	00:34:49	23.5	00:46	11	00:19:45	06:22	01:09:05
7	17	Marquez, Jorge	191 37	46	00:16:35		00:55	28	00:37:17	22.0	00:48	16	00:20:30	06:37	01:16:05
8	50	Youngmann, Roy	194 52	53	00:16:58		01:04	18	00:36:28	22.4	01:21	106	00:26:58	08:42	01:22:49
9	71	Mitch, Brian	188 27	108	00:19:21		01:45	54	00:39:02	21.0	01:02	70	00:24:41	07:58	01:25:51

## Tri Sprint F Athena 150+ Female 0-99

Overall				----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib</u> <u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	73	Bos, Jill	539 32	49	00:16:48		01:55	74	00:40:21	20.3	01:25	83	00:25:45	08:18	01:26:14
2	147	Ritzmann, Margaret	515 44	155	00:22:27		02:47	110	00:43:00	19.0	01:09	153	00:31:51	10:16	01:41:13
3	154	Efries, Carolyn	434 41	71	00:17:44		03:51	156	00:47:25	17.3	04:00	158	00:33:21	10:46	01:46:22
4	159	Weaver, Tiffany	520 38	167	00:24:35		02:30	137	00:45:33	18.0	02:22	162	00:34:24	11:06	01:49:25
5	163	Huber, Anne	533 46	145	00:21:30		02:46	141	00:45:54	17.8	01:54	170	00:40:47	13:09	01:52:51
6	164	Araujo, Jen	555 30	128	00:20:12		03:26	167	00:53:32	15.3	01:47	163	00:34:57	11:16	01:53:54
7	171	Ruble, Kimberly	519 44	172	00:27:21		02:44	161	00:48:04	17.0	02:13	172	00:42:42	13:47	02:03:05

## Tri Sprint MTB Male 99 and under

Overall				----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib</u> <u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	150	Hoeffel, Thomas	521 34	163	00:23:08		04:00	150	00:46:35	17.6	00:56	107	00:27:02	08:43	01:41:41

## Tri Sprint XL1 185-199lbs Male 99 and under

Overall				----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib</u> <u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	41	Rastatter, Douglas	335 38	102	00:19:11		01:47	32	00:37:27	21.8	00:52	31	00:21:49	07:02	01:21:07
2	42	Hokky, Steve	338 43	91	00:18:31		02:00	21	00:36:39	22.3	00:57	50	00:23:19	07:31	01:21:26
3	43	Heck, William	339 44	66	00:17:40		01:53	40	00:37:45	21.7	01:11	47	00:23:00	07:25	01:21:28
4	52	Shibinski, Mike	340 48	44	00:16:35		02:26	62	00:39:34	20.7	01:26	54	00:23:31	07:35	01:23:31
5	60	Tharp, Al	341 57	41	00:16:24		01:08	52	00:38:51	21.1	01:26	101	00:26:40	08:36	01:24:30
6	85	Herrala, Scott	337 41	120	00:19:43		02:01	63	00:39:44	20.6	01:20	91	00:26:09	08:26	01:28:57
7	87	Hosford, Michael	336 39	117	00:19:33		02:32	72	00:40:19	20.3	01:29	81	00:25:40	08:17	01:29:33
8	105	Renner, Frederick	334 38	78	00:18:01		02:10	131	00:44:37	18.3	01:37	102	00:26:41	08:36	01:33:07
9	124	Hall, Seth	332 33	59	00:17:16		03:11	134	00:45:08	18.1	01:18	131	00:29:00	09:21	01:35:54
10	139	Wilson, Andy	346 33	146	00:21:32		03:09	153	00:46:51	17.5	00:55	112	00:27:36	08:54	01:40:02

## Tri Sprint XL2 200-224lbs Male 0-99

Overall				----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib</u> <u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	25	Cain, Don	548 47	40	00:16:17		01:12	24	00:36:50	22.2	01:18	32	00:22:01	07:06	01:17:37
2	63	Smith, Bradley	344 27	122	00:19:55		01:38	69	00:40:10	20.4	00:38	36	00:22:30	07:16	01:24:52
3	65	Meiser, Scott	347 33	94	00:18:47		01:58	43	00:37:48	21.6	01:01	79	00:25:35	08:15	01:25:10
4	82	Combs, Ron	449 37	92	00:18:42		02:01	71	00:40:19	20.3	01:25	86	00:25:56	08:22	01:28:23
5	107	Kinsler, Chris	349 34	130	00:20:17		02:28	121	00:43:43	18.7	00:36	93	00:26:22	08:30	01:33:26
6	123	Clark, Steven	350 35	148	00:21:35		02:31	108	00:42:55	19.1	01:27	108	00:27:18	08:48	01:35:46

7	125	Lehman, Dave	348	33	144	00:21:23	03:04	103	00:42:29	19.3	01:14	116	00:27:49	08:58	01:35:58
8	134	Redenbaugh, Adam	345	31	63	00:17:33	02:33	133	00:44:39	18.3	01:41	152	00:31:43	10:14	01:38:10
9	161	Newman, Ari	343	25	157	00:22:35	04:25	147	00:46:18	17.7	01:56	165	00:35:38	11:30	01:50:51

## Tri Sprint XL3 225lbs+ Male 0-99

Overall			----- Swim 750m -----			T1	----- Bike 22k -----			T2	----- Run 5k -----			Total		
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	48	Gomez, Keith	445	44	32	00:16:09		02:02	42	00:37:46	21.7	01:17	78	00:25:28	08:13	01:22:42
2	156	Owens, Sean	422	30	118	00:19:34		03:17	160	00:47:54	17.1	02:36	164	00:35:10	11:21	01:48:32
3	162	Kahn, Joel	426	41	137	00:20:42		01:50	173	00:58:21	14.0	01:45	140	00:29:56	09:39	01:52:33
4	166	Fowler, Rich	315	42	175	00:29:39		03:21	113	00:43:03	19.0	02:15	169	00:38:30	12:25	01:56:48
5	172	Hokky, Pete	529	40	173	00:27:47		04:22	171	00:56:12	14.6	01:48	167	00:36:47	11:52	02:06:56
6	173	Miller, Jim	427	56	154	00:22:21		04:38	163	00:48:38	16.8	03:05	175	00:51:14	16:32	02:09:56