

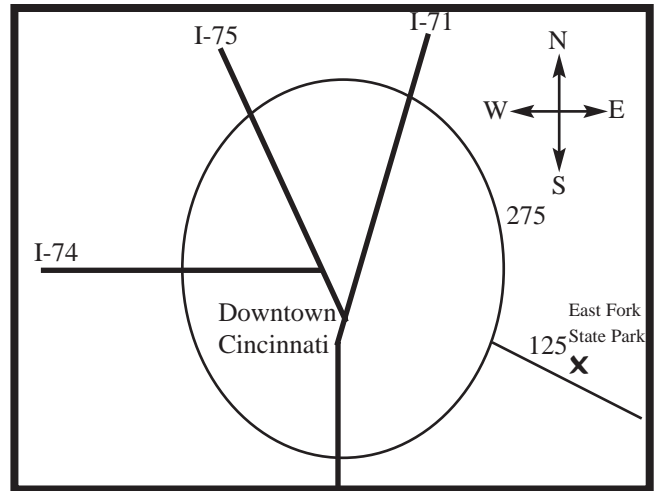
Girls Tri Too - East Fork

East Fork State Park
Bethel, Ohio
250 yard swim - 7 mile bike - 2 mile run

HOTEL/MOTEL INFORMATION

Holiday Inn East Gate	513-752-4400
Days Inn East	800-325-2525
Cross Country Inn	800-621-1429
Red Roof Inn	800-843-7663

- + Police or Rangers
- Bike Course (7mi - 1 Lap)
- Run Course (2mi - 1 lap)
- T.A. Transition Area



The fourth stop on the **Girls Tri Too Series** is at **East Fork State Park**. The race will start off with a 250 yard point-to-point swim along the beach in East Fork Lake. The bike course features a large hill out of transition then rolls along on country roads within and surrounding the park. The final 2 mile run is an out and back that features a a big hill at the start, then levels out for the remaining run .

Directions: From Columbus - Travel I-71 South approx. 80 miles to I-275 south. Take I-275 another 15 miles to the Route 125 exit. Go east on route 125 for approx. 15 miles to the East Fork State Park main entrance (Don't follow signs to the campground).
From Cincinnati - Take I-275 east to the Route 125 exit. Go east on route 125 for approx. 15 miles to the East Fork State Park main entrance (Don't follow signs to the campground).

