

# Portage Lakes State Park

Tri Olympic: 1500m Swim - 37k Bike - 10k Run  
 Tri Sprint: 750m Swim - 20k Bike - 5k Run  
 Du Olympic: 5k Run - 37k Bike - 10k Run  
 Du Sprint: 5k Run - 20k Bike - 5k Run

+ Police or Rangers

----- Bike Course (37k - 23.0mi - 2 Laps)

----- Bike Course (20k - 12.4mi - 1 Lap)

Run Course 5k\* (1-lap) & 10k\* (2-lap)

T.A. Transition Area

\*Within the park.

**Directions: From Columbus** - Travel I-71 North to I-76 East. I-76 will merge with SR 224. Take SR 224 East to the Manchester Road Exit/SR 93. Take SR 93 South (follow park signs) approx. 5 miles to the park entrance. **From Cleveland** - Travel I-77 South to I-76 west to SR 224 East. Take SR 224 to the Manchester Road Exit/SR 93. Take SR 93 South (follow park signs) approx. 5 miles to the park entrance.

