

Caesar Creek Triathlon & Duathlon

Tri Olympic: 1500m Swim - 40k Bike - 10k Run
 Tri Sprint: 750m Swim - 22k Bike - 5k Run
 Du Olympic: 5k Run - 40k Bike - 10k Run
 Du Sprint: 5k Run - 22k Bike - 5k Run

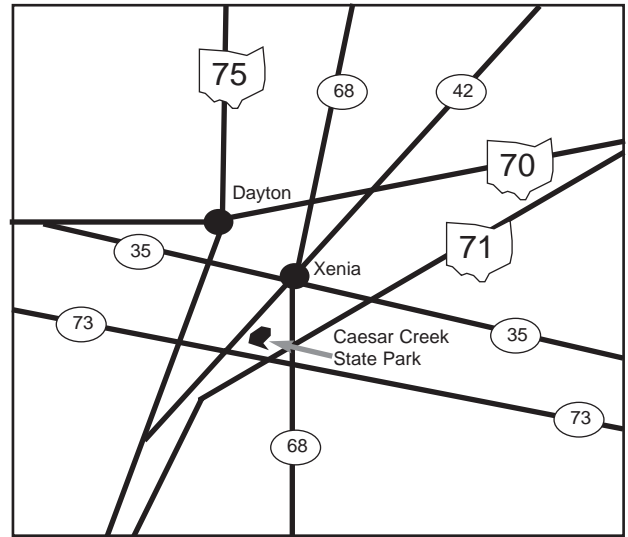
Hotel/Motel Information

Creek Wood Motel	800.652.5953	Waynesville
Knights Inn	800.722.7220	Lebanon
Shaker Inn	800.752.6151	Lebanon
Econo Lodge	513.932.4111	Lebanon

Police or Rangers

- - - - Bike Course (40k - 24.8mi - 1 Lap)
- - - - Bike Course (22k - 13.6mi - 1 Lap)
- Run Course 5k (1 Lap) & 10k (2 Laps)

T.A. Transition Area



The third stop on the **Wheelie Fun Triathlon and Duathlon Series** is at **Caesar Creek State Park**. Triathletes will start off with a 750 meter rectangle swim (1-lap Sprint, 2-laps Olympic) in Caesar Creek Lake. Duathletes will start off with fast out and back 5k run. The bike courses are mostly rolling on mostly winding country roads south of the park. The final run is an out and back run that features a long section across the old dam levy on gravel roads (very flat).

Directions: From Columbus - Travel I-71 South approx. 60 miles to the Caesar Creek State Park/SR 73 Exit. Take SR 73 West 5 miles to the park entrance. **From Cincinnati** - Travel I-71 North approx. 50 miles to the Caesar Creek State Park/SR 73 Exit. Take SR 73 West 5 miles to the park entrance.

