

# Alan's Elite Race

Portage Lakes State Park, Akron, Ohio  
TRI: 250 meter swim - 7mi bike - 2k run X 3

★ Police or Rangers

--- Bike Course (3.5 mile loop)

--- Run Course (2k out and back)

T.A. Transition Area

**Directions: From Columbus** - Travel I-71 North to I-76 East. I-76 will merge with SR 224. Take SR 224 East to the Manchester Road Exit/SR 93. Take SR 93 South (follow park signs) approx. 5 miles to the park entrance. **From Cleveland** - Travel I-77 South to I-76 west to SR 224 East. Take SR 224 to the Manchester Road Exit/SR 93. Take SR 93 South (follow park signs) approx. 5 miles to the park entrance.

